

Dancing and the Risk of Covid-19 26 Oct, 2020

As we are all interested in returning to the fun-of-life in dance (whatever style). I have give it much thought and came to some conclusions on reopening Club Events.

Pros to open:

- It is good fun and fitness.
- Great for mental health.
- Staves off depression.

Cons to opening:

- No real way to touch someone to "social distance" and dance, making your exposure likely if anyone is contagious and you dance with them.
- No snacks, as it is just to risky - Not much fun.
- Contracting Covid-19 odds are linked to attendance. More that come more odds of being infected. Example: Sixty attending a dance is 60 times the number of people they have been in contact within the viruses incubation period. To show that scale of numbers: You only need to pick 6 out of 46 numbers and you will win the lottery! So the odds of being exposed go up exponentially with attendance.
- So we must limit attendance but it is no fun to go to a small dance.
- Small groups limit risks, but are expensive.
- Depression would be magnified too, if we loose dancers and Covid illness.
- Covid it not always "just a cold" many have died or had life changing illnesses as a result of the infection.
- It is so contagious that it is often carried by people who have no symptoms so there is no good screening process available.

Conclusion:

The risks far outweigh the benefits on many levels. So until there is an effective vaccination for Covid-19, we must do everything possible to stay healthy and avoid this horrible virus.

Stay safe and home, and we'll go back to the fun soon!

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